This process is known as ETL which is Extract, Transform and Load, since data is being transferred from one database to another database,

SQL can be used to complete the job. Below are the steps:

1. Identify the mappings for the source and destination tables.

2. Since extraction is by the date column, we need to select that column as the changing attribute to make sure the most updated date is loaded, the historical information is removed when the dates are updated.

3. The overwrite method would be used in this instance since the data insertion calls for an update if data already exists in the Target db schema. Old values will be replaced by new values when the data is loaded into the target schema.

4. Using a stored procedure, start by fetching data from the source by each row, after fetching each record, compare it with the existing DB server to check if it already exists.

5. Use a loop and do a multicolumn primary key check, if a change exists then update the record, otherwise move on to the next record. If the incoming record doesn’t exist, then insert the record.